



# CONFERENCE LUNCH MENU

## OPTION ONE

Choose from one meat or fish and a vegetarian option. Accompany with two sides and one dessert option.

### English

- Cottage pie
- Chicken and leek pie
- Leek, cheese and potato pie
- Fish Pie
- Beef stew with herb dumpling
- Vegetable casserole with herb dumplings

### Asian

- Lamb dhansak
- Sweet potato and Lentil dhal
- Chicken Biryani
- Vegetable Biryani
- Thai green chicken curry
- Thai green vegetable curry
- Prawn Pad Thai
- Tofu and Asian vegetable noodles

### Mediterranean

- Tuscan chicken, baby potatoes, red onion, olives, lemon, garlic, thyme
- Caponata (aubergine stew)
- Beef lasagne
- Vegetable lasagne
- Sea food paella

### Salad

- Chicken Caesar
- Tuna niscoise
- Roasted vegetable and mozzarella

### Sides

- Creamed potato
- Minted new potato
- Cous cous
- Basmati rice
- Noodles
- Garden peas
- Seasonal vegetable
- Garden salad
- Portugese tomato and onion salad
- Pea, edame bean, feta, mint
- Coleslaw
- Potato chive crème fraiche
- Moroccan style cous cous
- Roasted butternut squash salad, puy lentil, soy and tahini dressing
- Baby mixed leaf, tomato, cucumber, radish
- Rocket and parmesan

### Dessert

- Homemade apple pie with Chantilly cream
- Seasonal cheese cake
- Fresh fruit salad lemon grass syrup
- Chocolate brownie, Chantilly cream
- Chocolate and hazelnut torte, chantilly cream (GF)

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## OPTION TWO

Choose one soup option, selection of four sandwiches, two salads and one dessert option.

### Soup

White onion and roasted garlic  
Field and wild mushroom soup  
French onion with parmesan croute  
Leek potato  
Tomato with purple basil  
Pea and mint

### Sandwiches

Cajun chicken wraps  
Pastrami, gherkin and mustard mayonnaise  
Honey baked ham, whole grain mustard  
Prawn Mary rose, ice berg lettuce  
Smoked mackerel with horseradish cream, pickled cucumber  
Smoked salmon, cream cheese

### Sandwiches (continued)

Free range egg mayonnaise, mustard cress  
Avocado, guacamole, watercress, pine nuts  
Farm house cheddar and chutney  
Crostiti selection –  
Parma ham and glazed fig  
Buffalo mozzarella and sun dried tomato

### Salads

Portugese tomato and onion salad  
Pea, edame bean, feta, mint  
Coleslaw  
Potato chive crème fraiche  
Moroccan style cous cous  
Roasted butternut squash salad, puy lentil, soy and tahini dressing  
Baby mixed leaf, tomato, cucumber, radish  
Rocket and parmesan

## OPTION THREE

Light bites – choice of five, three salads and one dessert option

Chicken satay  
Scotch egg  
Sausage rolls  
Onion bahji  
Vegetable somosa

Thai fish cake  
Chicken tikka kebab  
Chorizo and potato frita  
Sabih – rolled flat bread, aubergine and spiced chick pea  
Crispy duck pancake with hoi sin sauce